

# Fabric Rope

## BOWL



Approx. 11" diameter, 4" high

**KITS** available at  
ShabbyFabrics.com  
*while supplies last!*

### REQUIRED MATERIALS

- 50 feet 100% cotton clothesline
- ¼ yard dark fabric
- ¼ yard medium fabric
- ¼ yard light fabric
- 4" x 21" fabric for flower
- (1) ¾" button
- water soluble or washable glue stick
- coordinating thread

### CUT MATERIALS

From **cotton clothesline**, cut:

- (1) 50 foot rope

From **dark fabric**, cut:

- (16) 1" x 21" strips

From **medium fabric**, cut:

- (16) 1" x 21" strips

From **light fabric**, cut:

- (16) 1" x 21" strips

### RECOMMENDED PRODUCTS

- Sewline Fabric Glue Pen
- Clover Fine Quilting Pins - Size 30
- Schmetz Chrome Jeans/Denim Needles - Size 100/16
- Clover Hold It Precision Stiletto

All available at [ShabbyFabrics.com](http://ShabbyFabrics.com)

As seen on our  
**HOW TO MAKE A  
FABRIC ROPE BOWL**

YouTube Shorts video:



[YouTube.com/Shabby Fabrics](https://www.youtube.com/ShabbyFabrics)

### PREPARE FABRIC ROPE



Randomly select fabric strips to achieve a "scrappy" look. Using glue to adhere fabric to rope, fold fabric over the end of the rope at a 45° angle to cover the end completely.

Wrap fabric down the length of the rope at an angle, overlapping about ½ of the previous round with each new wrap.



At the end of the strip, glue end to rope to secure. Start the next fabric strip overlapping about 1" of the previous piece, gluing end of strip around rope at a 45° angle.

Continue to add fabric strips until all rope is covered.



When rope is completely covered, trim away excess fabric, and apply glue to the end of the final fabric strip.



Fold fabric over the end to completely cover the end of the rope, trimming away any excess fabric.

## SEW COILS



Starting at one end, tightly coil rope until diameter of the coil is about 1½". Secure with (2) pins.



Using a straight stitch, sew an X shape across the coil. Remove pins.



Set sewing machine to a zig-zag stitch (we used a 5.0 width and 2.5 length). Using coordinating thread, starting near the center, zig-zag across the gap between each row of fabric rope coils. *The rope feeding the coil must enter from the right side so that as the coil increases in size, it will increase to the left of the presser foot.*



When the diameter of the coiled section is approximately 5", lift the coil from the left side as high as your sewing machine will allow. Continue sewing the coil with the left side lifted. This will build the sides of the bowl.



With approximately 4" of rope remaining, fold the end to the inside, creating a loop. Zig-zag to the end of the loop, attaching the inside edge.



Reverse the stitching to reinforce, then zig-zag over the gap created. *We recommend using a Clover Hold It Precision Stiletto to close the gap while sewing.*

# FLOWER EMBELLISHMENT



Use tracing diagram (*below*) to trace and cut flower fabric to make a total of (5) circles.



Fold and press each circle in half, and in half again to form a folded quarter-circle.



With a needle and thread, sew a running stitch along the curved edge of all the circles, joining them together.



Pull the thread tightly to gather the quarter circles and form a ring that is now your flower.



Sew the last quarter circle to the first, pulling the thread as snugly as possible. Knot thread, then sew button to the center of the flower.



Use hot glue to secure the button to the flower. Glue the flower to the top inside edge of the bowl near the ending loop.

